



# Update Notice: To All Employees/Contractors & thank you

March 18, 2020

## update

### Federal Government

- Waived the 1 week waiting period for sickness benefits, in this case being quarantined.
- Waived the medical note required to go into quarantine as directed by law or by health officials.

### Commercial Truck Drivers - Deemed Essential Workers

- Declared that commercial truck drivers are essential workers who will be exempt from the requirements to self-isolate for at least 14 days if entering Canada from abroad, provided they do not have symptoms.
  - Commercial Truck Drivers must ensure they do not have symptoms before crossing border and to take the necessary measures ie. contact a Public Health Official for advice if they exhibit COVID-19 symptoms.
  - If returning from a high risk country and attempting to cross border within 14 days, entry will be denied.
  - Officials on both sides of the border have indicated extra questions of drivers will occur, but will attempt to prioritize the effective movement of truck drivers and goods.

## reminder

As COVID-19 continues to spread, the government's directive remains the same.

**The basis of prevention remains the best line of defense against the spread of illness.** Prevention methods must include:

- Wash your hands often with soap and water for at least 20 seconds;
- Avoid touching your eyes, nose or mouth, especially with unwashed hands;
- Cough and sneeze into your sleeve and not your hands;
- Wave in place of a handshake;
- Keep common surfaces sanitized;
- Avoid close contact with people who are sick;
- Stay home if you are sick to avoid spreading illness to others;
- Avoid non-essential travel; and
- Social distancing.

Management is regularly reviewing our preparedness and response plans with a view to proactively anticipate and respond to any potential business interruptions.

As the situation is changing rapidly, it is imperative that all Employees/Contractors make use of reputable sources for information (Public Health Agency of Canada, Centre for Disease Control and Prevention, World Health Organization) instead of rumors or unfounded speculations. We are advising all individuals to follow the direction of the government authorities as it pertains to health and travel. Mixed messaging can cause chaos.

Be responsible for your own situations and circumstances, while understanding that our continuous operation depends on an active workforce. Please seek advice from a medical professional on when to be cautious and self-monitor vs when to self-isolate.

We all need to make good decisions and work together during these trying times as we have always done in the past.

## thank you

That being said, it is important that we take a minute to acknowledge and appreciate what our drivers do. Approximately two-thirds of Canada and US trade is moved by truck, including all the essential products that we depend on during these uncertain times: goods directly related to combating COVID-19, medical supplies, food, sanitizing products and other products needed to fill and replenish our shelves.

Thank you to our Drivers, Dockworkers, Mechanics, all Office Staff and Management for helping to ensure our Operations are uninterrupted, Canadians have access to the essentials and for keeping the supply chain moving.

We wish everyone good health and safety during these unprecedented times.

Continuous updates can be found on our Corporate Intranet or Company Websites.

## for more information about the virus

<p><b>CANADA</b></p> <p>Public Health Agency of Canada</p> <p>📞 1-833-784-4397</p> <p>🌐 <a href="http://canada.ca/coronavirus">canada.ca/coronavirus</a></p> <p>✉️ <a href="mailto:phac.info.aspc@canada.ca">phac.info.aspc@canada.ca</a></p>	<p><b>US</b></p> <p>Centre for Disease and Prevention</p> <p>📞 1-800-232-4636</p> <p>🌐 <a href="http://cdc.gov/COVID19">cdc.gov/COVID19</a></p>	<p><b>CANADA &amp; US</b></p> <p>World Health Organization</p> <p>🌐 <a href="http://who.int">who.int</a></p>	<p><b>COMPANY - INTERNAL QUESTIONS</b></p> <p>✉️ <a href="mailto:questions-covid19@siemenstransport.com">questions-covid19@siemenstransport.com</a></p>
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